

The NOKC Board and staff is excited to return to soccer and we are committed to ensuring a safe environment. If Phase 1 of the state and city's reopening plan is a success, organized sports will be included as part of Phase 2. With that in mind, we are preparing to open the NOKC fields on Monday May 18.

What we are doing:

- NOKC will schedule fields for practices and games throughout the complex to limit the number of people in any one area.
- NOKC will schedule game times further apart so that there will be less people at the complex at the same time.
- Bleachers, picnic tables, and other gathering spots are closed temporarily.
- Port-a-potties have been removed.
- NOKC developed guidelines for practices and games, which will follow CDC recommendations on limiting spectators, social distancing, and wearing masks. See our new complex rules for guidance.

New NOKC complex rules

Please be aware of these new rules to help keep everyone safe and healthy.

*If your player or someone in your home is sick or has any of the symptoms of Covid-19 (cough, fever, shortness of breath, chills, muscle pain, headache, sore throat, new loss of smell or taste), **please stay home.***

Clubhouse:

The concession stand will sell only pre-packaged items. Lines for social distancing will be marked for customers. Staff will wear masks and gloves.

The bathrooms within the clubhouse will be open during weekend games.

- Doors to the clubhouse will be propped open so that people do not need to touch the doors as they enter.
- NOKC has increased cleaning and maintenance of the bathrooms.
- To encourage social distancing, only one person at a time may be in each bathroom.

Sanitizing stations:

We have added sanitizer stations within our complex for general use.

Players, coaches, and families may use the available sanitizer stations before, during, and after practices and games, as needed.

Parents: please monitor children using the sanitizer stations to prevent waste.

We also encourage players to bring their own hand sanitizer!

Social distancing:

To limit the amount of contact between people and to keep our families, players, and coaches safe, NOKC asks the following courtesies during practices and games:

For practices:

- While players are practicing or scrimmaging on the fields, parents and other family members must remain in their cars while within the NOKC complex.
- For recreational practices, only one (1) coach per team is allowed on the field.

For games:

Players:

Players can still offer verbal good sportsmanship (example: verbal “good game” to the other team) but should refrain from touching hands, fists, high-fives, elbows, etc. with referees or other players during coin toss and/or pre- and post-game.

Coaches:

For recreational games, only one (1) coach per team is allowed on the team sidelines.

Coaches can and should still offer verbal coaching and good sportsmanship but should refrain from touching hands, fists, high-fives, elbows, etc. with players during substitutions and pre- and post games.

Spectators:

Only one (1) spectator per player will be allowed near the field at a time. Other spectators must remain in the car.

Spectators must be a minimum of 6 feet away from the sideline to allow ample social distance for ARs/referees and players. NOKC has added a blue dotted line ~6 feet from the sideline to show where spectators may be located.

Spectators should stay a minimum of 6 feet away from other spectators on the sidelines. NOKC has added additional red lines 6 feet away from each other to help guide spectators.

Spectators on the field should wear masks over their nose and mouth while on sidelines. This is a CDC recommendation and NOKC supports it strongly.

NOKC loves all of our players' family members, so we are asking that anyone considered high-risk not be at the fields at all at this point. This includes people over 65 and those in any other high-risk group.