



# NOKC SOCCER CLUB COACH INFORMATION

NOKC appreciates your volunteer service as a coach and strives to make your job as easy as possible. This booklet will outline the procedures for you to follow as a coach. Please call your age group commissioner with any questions. We look forward to a great soccer season. Again, thanks for all you do for NOKC and the youth that love the game of soccer.

## **NOKC SOCCER CLUB MISSION STATEMENT**

The NOKC Soccer club is proud to offer a comprehensive youth development program. We accept the privilege and responsibility of working with children to become the best citizen they can be. We attempt to teach each child about character, sportsmanship, fair play, team work, competitiveness, winning with humility, losing with dignity and the value of “giving it your all” every time he or she steps on the field.

NOKC is committed to providing opportunities for boys and girls who love the sport and are serious about their development as citizens first, and as elite soccer players second. We will do everything in our power to instill in each player a love for the game that will last a lifetime by providing an organized, well-structured, positive and enjoyable club experience with the best available training. Our mission is to see all of our players achieve their full potential as athletes while also learning valuable life lessons through the environment of recreational and competitive sports.

Our Club is located at the C. B. Cameron Soccer Fields, 11800 North Portland Avenue, Oklahoma City, Oklahoma. We pride ourselves on having what we consider the best and the most carefully maintained soccer fields in the State of Oklahoma.

**North OKC Soccer Club**  
**Coaches Code of Conduct**

I agree, as a coach at NOKC Soccer Club (NOKC), to abide by the following rules and guidelines:

1. I acknowledge that the purpose of youth soccer is to provide a fun, yet competitive learning environment, which allows all participants to understand the value of soccer and playing team sports. This includes teamwork, cooperation and sportsmanship in addition to the basic skills of the game.
2. I will treat all players from all teams in a positive and supportive manner and conduct myself in a controlled way at all times.
3. I agree that I will not physically or verbally abuse or threaten any person, including players, referees, other coaches, parents or club representatives.
4. I will respect the authority of the game officials. I will not harass, abuse or berate any referee during or after the game. I will not enter the field of play without the referee's permission. I understand that if I have questions, comments or opinions about the referees, the ONLY way to address those is with the NOKC referee coordinator or other NOKC club representatives.
5. I agree I am responsible for the sportsmanship of my players. If one of my players is disrespectful, irresponsible or overly aggressive, I will remove the player until such time as I believe is appropriate for the player to re-enter the game.
6. I understand that the NOKC Board may suspend me as a coach for one or more games, if at NOKC's discretion, I violate any of these basic youth sports rules.
7. I understand that I am responsible for my sideline. I will ensure that any persons on my sideline will act in an appropriate manner towards the players and game officials. If any persons will not conform to these guidelines, I will ask them to leave. If necessary, I will get a club official to assist with the removal.
8. I will truthfully complete and submit to NOKC the Oklahoma Soccer Association Volunteer Disclosure Statement.

Name (printed) and Date

Team and Age Group

Signature

**NOKC APPRECIATES YOUR VOLUNTEER SERVICE AS A COACH AND STRIVES TO MAKE YOUR JOB AS EASY AS POSSIBLE. CALL YOUR AGE GROUP COMMISSIONER WITH ANY QUESTIONS.**

## Parent Code of Conduct

Soccer is a wonderful sport and a passionate game. We should always remember our attitude is contagious. The referees, the players, the coaches and the fans should come together to match wits and skills. The other team is our opponent, not our enemy, and thus should be treated with respect.

While winning is important, playing well and fairly is the essence of the game. I/we will set a good example to my/our child in his/her soccer development by adhering at all times to the following actions:

- We will not criticize the referee openly or directly ... during or after games. Any criticism shall be done in writing (to NOKC or OSA), not verbally.
- We will only give positive feedback to players.
- We will cheer at all games within the spirit of fair play and shall do our best to cheer the effort regardless of the outcome. We will be mindful in "lopsided" games where cheering our own "winning" team might be misunderstood.
- We shall do our best to teach our players to become students of the game.
- We shall find the "little successes" that our children have during each match.
- We shall show the quality of our sportsmanship during and after each and every match and help our child remember to thank the referee after the match without regard to the result.
- We shall do our very best to have our child prepared for every match.
- We shall support the learning effort of the players, coaches, and the referees by demonstrating our patience.
- We understand that improper behavior at a match may result in a parent being asked to leave the field by the referee or a club official so the coach does not receive a yellow card caution or even a red card ejection due to the actions of the parent spectator.
- We shall leave the coaching to the coach during the match. We shall do our best not to give our child instructions during the match.
- We understand that (upon review) NOKC can, and will if necessary, suspend our individual privilege to watch our child play should we behave in a manner that is rude or otherwise offensive.
  - We agree to do our best to have as much fun watching the game as the players should have playing the game.

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(Signature)

Date

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Printed Name (Circle one Mother, Father, Guardian)

North OKC Soccer Club  
Field Rules

1. Please pick up all trash.
2. No pets allowed.
3. NOKC IS TOBACCO FREE and VAPE FREE.
4. No speed training or agility on the playing surface.
5. Do not practice in the goal boxes.
6. Do not allow anyone to play in the water from the sprinkler system.
7. Do not allow any children (players or siblings) to hang on the goals.
8. DRIVE SLOW IN COMPLEX!!!! PLEASE!!
9. Field hotline: 751-7368, website also has field status on it: [www.nokcsoccer.com](http://www.nokcsoccer.com). Also follow us on twitter @NOKCFieldStatus.
10. OBEY the lightening detector!!! It will give one alarm and the light on top of the clubhouse will blink. This means clear the fields! Everyone needs to be in cars until an all-clear sounds. An all-clear will give 3 alarms and the light stops blinking; at that point you can go back on the field. This detector leaves any guessing out of your hands; NO ONE is to be on the fields if the light on top of clubhouse is blinking.

**NOKC Commissioners**

**U6 - Jennifer Nichols**  
405-823-6554

[Jennifer.nichols1@att.net](mailto:Jennifer.nichols1@att.net)

**U7 - Blake Fuller**  
405-742-6919

[fuller.blake@yahoo.com](mailto:fuller.blake@yahoo.com)

**U8 - Brook Plank**  
405-570-3353

[ab2020@cox.net](mailto:ab2020@cox.net)

**U9/U10 - Amanda Putnam**  
405-625-9199

[aap@kochtavy.net](mailto:aap@kochtavy.net)

**Traveling Rec. - Sam Warden**  
405-850-8181

[samjayhawk@cox.net](mailto:samjayhawk@cox.net)

**Academy - Stephen and Andi Phillips**

405-245-8741  
405-706-6047

SP: [Unitedfc2001@hotmail.com](mailto:Unitedfc2001@hotmail.com)  
AP: [andiphillips@ymail.com](mailto:andiphillips@ymail.com)

**Referee Coordinator - Brett Dobie**  
405-323-8705

[referee@nokcsoccer.com](mailto:referee@nokcsoccer.com)

**Competitive - Stephen Phillips, DOC**  
405-245-8741

[Unitedfc2001@hotmail.com](mailto:Unitedfc2001@hotmail.com)

**Club Administrator - Alli Fansher**  
405-397-3633

[nokcfc@gmail.com](mailto:nokcfc@gmail.com)

**The rest of the NOKC board members' contact information can be found on the  
NOKC website under the club tab.**

[www.nokcsoccer.com](http://www.nokcsoccer.com)

## **Basic NOKC facts**

- 1. Pick your own team name. Be creative; we can't have duplicate names in divisions. First come, first served basis.**
- 2. Uniforms (U7 & Up) are up to each individual team. Soccer USA on May Avenue is a great place to order uniforms locally. Have fun with this. Show your team style. Please be budget conscious. Good to assign a uniform chairman on the team and have them organize getting sizes and placing order.**
- 3. Teams are allowed to practice on NOKC game fields one night a week. Please contact Alli Fansher at [nokcfc@gmail.com](mailto:nokcfc@gmail.com) for your field assignment.**
- 4. NOKC is run by volunteers, so thank a board member if you see one around the club. If you want to get involved, contact any of the board members.**
- 5. NOKC also has a great referee training and certification program. If you are interested, please contact Brett Dobie at [referee@nokcsoccer.com](mailto:referee@nokcsoccer.com)**
- 6. For field status updates there are 3 options: call hotline 405-751-7368, check the website at [www.nokcsoccer.com](http://www.nokcsoccer.com), or follow us on twitter @NOKCFieldStatus.**
- 7. NOKC is also home of Oklahoma Football Club. This is the name of our competitive program. The option to join competitive soccer starts when a player reaches U11. For more information, visit [www.oklahomafootballclub.com](http://www.oklahomafootballclub.com)**

## U6 Guidelines and Information

### Age Divisions and Restrictions for Fall 2016/Spring 2017:

- U5 (2012) only players born 1/1/12 - 8/30/12 are eligible for FALL 2016
- U5 (2012) - SPRING 2017
- U6 (2011)

### Team Formation

- U6 is a recreational co-ed division. If enough teams are available we will form boys and girls divisions.
- Game schedules and updates will be posted on website; *check site frequently!*
- Roster maximum 8 players.

### Sportsmanship

- U6 Division is about learning, friendship, fun, and developing a love for soccer.
- Coaches are responsible for their sideline, players, and parents at all times.
- No one is allowed to stand behind goals (unless catching balls on a windy day).
- **Teams must be on separate sidelines. Home team must be on the west or north side of the field.**

### Rules - US Youth Soccer Official U6 Playing Recommendations

- Size 3 ball
- 4 players v 4 players (4v4)
- **No Goalies. Defenders must stay in proximity of ball. Defenders can't take a goalie posture. Players cannot hover around the goal without the ball or stand on the goal line. All of the players should be active around the ball.**
- Every player must play 50% of the game.
- Shin guards are required at all times.
- One coach per team allowed on the field during play.
- "Do-over's" are a regular occurrence.
- Games are four 10-minute quarters (2-minute break between quarters, 5-minute half time).
- **To restart a ball from out of bounds shall be a "throw in or kick in"**
- **Goal Kick: The position of the defending players will be at mid field line until the ball is in play so that the attacking team has a chance to advance up the field.**
- No scores are kept.
- No sliding or heading. No tolerance.
- No jewelry.
- Casts are allowed but must be covered with soft wrap (bubble wrap, towel, or blanket).
- Only players listed on your roster are allowed to play.

U6 does NOT have referees; we rely on coaches to handle these rules for the safety and development of the player. No penalties are given.



### **U6 Guidelines Continued**

**Coaches: if there is a problem, let the other coach know. Never address the other team's players directly. If after you have brought your concern up with the opposing coach and the action still continues, please contact the U6 Commissioner, Jennifer Nichols.**

**NOKC will have staff and referees monitoring games and will address issues with coaches as needed.**

## U7/U8 Guidelines and Information

### Age Divisions and Restrictions for Fall 2016/Spring 2017

- U7 (2010)
- U8 (2009)

### Sportsmanship

- **Teams must be on separate sidelines. Home team on the north or west side of the field.**

### Rules U7/U8:

- All games are 4v4.
- Size 3 ball will be used in all games.
- **NO Goalies.** Defenders must stay within proximity of the ball. If the ball is in the attacking 1/3 of the field, the defense must move to at least the middle 1/3 of the field. Defenders cannot take a “Goalie” posture, i.e. cannot hover around the goal or goal box without the ball or an opponent or stand on the goal line. Reminders may be given during a game to coaches and players. Repeated violations will be forwarded to the Referee Assigner, Brett Dobie, for further action.
- Every kick, including kickoffs, is a direct kick. This means a goal may be scored on any kick without touching any other players.
- Games are four 10-minute periods (2-minute break between periods; 5-minute halftime).
- Play stops after the 1st period after a normal stoppage near the 10 minute mark. After the break, play will resume at the stoppage place/point.
- Halftime and full time are called when time has expired.
- Coaches may substitute on ANY stoppage of play (throw-in, kickoff, goal kick, corner kick, free kick) after getting the referee’s attention and if the player is ready at the center line.
- No jewelry allowed.
- Casts are allowed, but must be covered with a soft wrap (bubble wrap, towel, or blanket).
- Shin Guards are required.
- Every player must play 50% minimum of the game.
- No deliberate heading. If a player deliberately heads the ball, an indirect free kick should be awarded to the opposing team from the spot of the offense.
- **ONLY PLAYERS LISTED ON YOUR ROSTER ARE ALLOWED TO PLAY.**
- 1<sup>st</sup> weekend coaches are allowed on the field – 2<sup>nd</sup> weekend NO coaches on the field.

We provide a referee in the U7/U8 division.

Games may be rescheduled only by agreement of the coaches and then by following the reschedule club policy (see page 16).

## U9/U10 Guidelines and Information

### Age Divisions and Restrictions for Fall 2016/Spring 2017

- U9 (2008)
- U10 (2007)

### Sportsmanship

- **Teams must be on separate sidelines. Home team on the North or West side of the field.**

### Rules U9/U10:

- All games are 7v7, including a goalkeeper.
- Size 4 ball is to be provided by the home team.
- **NEW Build Out Line:** it is used to promote playing the ball out of the back in an unpressured setting. When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper can pass, throw, or roll the ball to a teammate (no punting). After the ball is put into play by the goalkeeper, the opposing team can cross the build out line and play resumes as normal.
- **NEW Offsides:** The buildout line will denote where the offsides offense can be called. A player is in an offside position if s/he is gaining an advantage by being in an “active play” beyond the opponent’s build out line of the soccer field, being closer to the opponents’ goal line than both the ball and the next-to-last defender (the goalkeeper is usually the last defender).
- The games consist of two 25-minute halves.
- Halftime is a 5-minute break.
- Home team should have target jerseys or alternate jersey available in event of a uniform conflict.
- Games may end in a tie.
- Only players listed **ON THE ROSTER** are allowed to play; there will be roster checks.
- Every player must play 50% minimum of the game.
- **ALL** substitutions and goalkeeper changes must be made with the referee’s permission with the substituting player standing at the center line.
- **NO heading.** If a player deliberately heads the ball, a free kick should be awarded to the opposing team from the spot of the offense.
- Substitutions can be made on **ANY** stoppage:
  - prior to throw in for either team
  - prior to goal kick for either team
  - prior to corner kick for either team
  - prior to kickoff for either team
  - prior to free kick for either team.

## **NOKC Scoring System**

**All U7, U8, and U9/U10 league games will be scored on the following criteria:**

- Each team, win, tie or loss, will be given 1 point for each goal they score, with a maximum of 3 goal points per game.
- Additionally, points will be awarded based on the results of each game.
  - If a team ties a game, they will be awarded 3 more points.
  - If a team wins a game, they will be awarded 6 more points.

**Here are examples of the scoring:**

- Team A wins 9-0: Team A gets 9 points (6 for win, 3 for goals), Team B gets 0 points.
- Team A ties Team B 0-0: Team A gets 3 points, team B get 3 points. (3 for a tie, 0 for goals)
- Team A wins 2-1: Team A gets 8 points(6 for win, 2 for goals), Team B gets 1 point(1 for goals).
- Team A ties Team B 3-3: Team A gets 6 points, team B get 6 points. (3 for a tie, 3 for goals)

**League Tiebreaker Rules:**

The record against tied teams will be used to rank the tied teams.

Goal Differential: The total number of goals against will be the next tiebreaker (max 3 per game).

(max +/- 3) is the next tiebreaker.

The next tiebreaker is total goals scored (max 3 per game).

If teams are still tied, they will be considered tied. If awards are due, they will be duplicated for each team involved.

**THESE RULES ONLY APPLY TO NON-EXHIBITION GAMES!!!!**

## **U11-U19 Traveling Recreational Information**

Since NOKC does not have enough boys/girls teams in these age bracket to facilitate a league in-house, we register your team into a metro area league through Oklahoma Soccer Association (OSA). This is still a recreational league, but requires you to travel for half of your games to other surrounding soccer clubs in the Oklahoma City area. You also play half of your games at NOKC as your “home” games.

League schedules, scores, and standings are maintained by OSA. The coach of the team will report game scores directly to them.

Teams will be responsible for having two jersey options in case of color conflict.

U11/U12: A size 4 ball will be used. Play 9v9. 30-minute halves.

U13: A size 5 ball will be used. Play 11v11.

U13-U14: 35 minute halves.

U15-U16: is 40 minute halves.

U17-U19: is 45 minute halves.

Additional information can be found at [www.oksoccer.com](http://www.oksoccer.com) or contact Paulette at [pauletta@oksoccer.net](mailto:pauletta@oksoccer.net).

## **NOKC KIDSAFE - LANYARDS**

**Our commitment is to provide the safest possible environment for each player, a place where parents, players, coaches, administrators, and volunteers work together to ensure the safety of all players.**

**Our coaches are essential to the game of soccer. They teach players skills, good sportsmanship, and teamwork, but also have responsibility to help make the environment safe.**

**To ensure the safety of both the children and volunteer coaches, each approved coach and assistant coach must wear a lanyard with a picture ID created by NOKC at every game. This is a new policy to increase safety for the players and easily identify who should be coaching and who should not.**

**Each team will receive 2 lanyards. One for the head coach and one for the assistant coach.**

**Failure to wear and present your lanyard at every game will result in an immediate forfeit.**

### **Here are the steps each coach & assistant coach needs to follow in order to receive a lanyard:**

- 1. Register: On the home page of the website ([www.nokcsoccer.com](http://www.nokcsoccer.com)) click on “Coaches Registration” on the left hand side of the page.**
- 2. Upload your picture to your coach profile.**
- 3. Complete your background check in your coach profile (must be done once per year).**
- 4. Attend the coaches meeting.**

### **Here are the steps to print your coaching card using your team account:**

- 1. Login to your team account.**
- 2. Under ‘Event Registration History’ on the home page, click on “2016-2017 OSA Recreational Registration.”**
- 3. Go to the far right tab & click on “Documents.”**
- 4. Click “Print Player Passes” - this will include the coach pass.**
- 5. Cut out coach pass.**
- 6. Laminate coach pass.**
- 7. Attach laminated coach pass to lanyard.**

## **Academy Information**

**Academy Age Divisions and Restrictions for the Fall 2016/Spring 2017 Seasons:**

**U7 (2010)**

**U8 (2009)**

**U9 (2008)**

**U10 (2007)**

**Why Academy?**

**The Academy is trained by coaches that are on staff at the NOKC Soccer club. Many of these coaches have played at a high level and have attended education courses geared towards soccer coaches. All coaches in the Academy have a minimum of a national D license and many have attained their National Youth License as well. This will ensure that kids in the Academy will be taught the necessary skills for playing the game and create good habits that will benefit your child as a player regardless of what level he or she decides to play, from recreational to competitive. Kids will also get to play in games with kids of equal ability against kids of equal ability resulting in fewer lopsided games and better level of competition.**

**Is Academy competitive?**

**Teams train 2 days per week and play games on weekends, much like other recreational teams. They keep no standings and remove the pressure to win from the coaches. This allows coaches to focus on development. Any child of any level of ability can participate in the Academy.**

**How are teams formed?**

**Teams will be formed based on ability. Players may move from one team to the next based on their progress. This evaluation and movement will be up to the coach's discretion working in that age group. We will be evaluating players throughout the season as we sort them into training groups and teams.**

**Formation of Training Groups/Teams:**

**Academy forms training groups of no more than 16 players per group. Most teams will have 10-12 players per team and will play 7v7 OR 4v4 in the regular season depending on the age group.**

**Cost:**

**Training fees are \$50 per month that are payable to the coach of the team you are placed with. A manager may collect the fees for each individual team and get it to the coach after all fees have been collected. A cost analysis sheet for tournament travel can be provided from the coordinator if you are interested. Teams are responsible for coach's expenses for out of state tournaments, which include mileage, meal money (per diem), and hotels. Academy has a club required uniform and practice t-shirts. Each player will be responsible for purchasing a kit. Sign-ups are online @ [www.nokcsoccer.com](http://www.nokcsoccer.com) under the Academy tab.**

## **NOKC Referees**

Referee Coordinator: Brett Dobie 323-8705 (C) [referee@nokcsoccer.com](mailto:referee@nokcsoccer.com)

Our Referee Coordinator, Brett Dobie, will oversee the youth and adult referees that are available. He will do his best to assign the best quality referee for your game, also knowing that the referee does the best possible job s/he can. Our referees have a difficult job! Please show them your support and have patience! Even you make mistakes!

COACHES are responsible for the conduct of everyone on their side of the field, including spectators. You will be called on to control your sideline.

### **Referee Reviews**

If you feel a referee did a good job calling your game – PLEASE LET HIM/HER KNOW!

If you feel a referee did a poor job – PLEASE LET THE REFEREE COORDINATOR KNOW! Abuse of officials will not be tolerated! Please simply send an email or give your coordinator a call! He will listen to your point of view and investigate the issue and evaluate it as well as consider repeatedly reported officials.

### **Becoming a Referee**

If you are interested, or know somebody who would be interested in becoming a referee, there are courses offered several times a year. You can check our website for classes or the following website for a more extensive listing under the referee tab: [www.oksoccer.com](http://www.oksoccer.com)

There are several courses offered across the state and at all different levels and upgrades/recertification.

### **About Our Referees**

Our referees are all ages from adult to youth. The youth are just getting started – let's not discourage them from taking this journey as they may turn into great adult referees! In present day, with so much abuse from coaches and parents, referees are starting to be hard to find! You can make a difference! We will place the appropriate age youth referee on the younger age teams and the more experienced referee on the older teams. It's as simple as that. The younger players are learning – so are our younger referees.



## **NOKC Reschedule Policy**

Club Administrator: Alli Fansher 405-397-3633 [nokcfc@gmail.com](mailto:nokcfc@gmail.com)  
Referee Coordinator: Brett Dobie 405-323-8705 [referee@nokcsoccer.com](mailto:referee@nokcsoccer.com)

**After notifying the opposing coach, you must notify the Club Administrator and Referee Coordinator at least 7 days prior to the scheduled match using the Internet Notification Form to **avoid any penalties.****

Requests are not official until confirmation is returned to you by the Referee Coordinator or Club Administrator via e-mail.

### **Weekend (Saturday or Sunday) Games**

Games cancelled or postponed AFTER Sunday at 11:59pm for the following weekend are subject to paying referee fees consistent with the normal referee fees for the level and age group of the cancelled or postponed game. These referee fees will be paid in cash prior to kick off of the rescheduled game.

Ex. A game scheduled 9/10 or 9/11 needs to be cancelled or postponed by 9/4 at 11:59pm to avoid any penalties.

Weekend cancellation or postponement requested AFTER Wednesday at 11:59 pm the week of the game will be assessed a Late Rescheduling Fee of \$50.00 (U11-U19) or \$25 (U6-U10) as well as paying the referee fees. This fine must be paid PRIOR to any game being rescheduled by the Referee Coordinator or Club Administrator.

### **Weeknight (Monday – Friday) Games**

Games cancelled or postponed AFTER Wednesday at 11:59pm for the following week are subject to paying the referee fees consistent with the normal referee fees for the level and age group of the cancelled or postponed game. These referee fees will be paid in cash prior to kick off of the rescheduled game.

Ex. A game scheduled the week of 10/10-10/14 needs to be cancelled or postponed by 10/5 at 11:59pm to avoid any penalties.

Weekday cancellations or postponement requested AFTER Friday at 11:59pm will be assessed a Late Rescheduling Fee of \$50 (U11-U19) or \$25 (U6-U10) as well as paying the referee fees. This fine must be paid PRIOR to any game being reschedule by the Referee Coordinator or Club Administrator.

### **Less than 24 hour Cancellation**

Cancellations made less than 24 hrs before match should be IMMEDIATELY directed to the Referee Coordinator at (405) 323-8705 in addition to the procedures mentioned above.

### **Rescheduling on a Weeknight (Monday-Friday)**

We will try to accommodate weeknight reschedules, but will be limited due to field and referee availability.

**NOKC SOCCER CLUB**  
**VOLUNTEER OPPORTUNITIES**

NOKC Soccer club is a non-profit volunteer run organization that can always use volunteer help. If you are interested in helping at the club, please contact any board member.

Two of our main fundraisers are the tournaments we host every year. In the Fall, we host The Red Earth Invitational for competitive teams and in the Spring we host Festival de Futbol for competitive teams. These tournaments help support our club and take a lot of volunteer help. If you are interested in helping out on these soccer weekends please contact our volunteer coordinator Summer Cope at [nokcvolunteer@gmail.com](mailto:nokcvolunteer@gmail.com).

We are also looking for corporate sponsors as our club is in constant need of improvements. Please contact our Club Administrator, Alli Fansher, if you have any suggestions of companies that might be interested.

[www.nokcsoccer.com](http://www.nokcsoccer.com)

Club hotline: 405-751-7368

Twitter: @NOKCFieldStatus