

NOKC Soccer Club

Under 6 Guidelines and Information

Coaches and Parents

January 3, 2016

Age Divisions and Restrictions for Spring 2016

- U4 (2012) 08/01/2011- 01/31/2012 (must be four before March 1, 2016)
- U5 (2011) 08/01/2010- 07/31/2011
- U6 (2010) 08/01/2009- 07/31/2010 (must be six after July 31, 2015)

Registration

- 85\$ All money is due for all players at the time of registration, No Exceptions
- Individuals can register online or in person, team/coach requests can be made on application
- Dates for registration will be posted on the web site, www.nokcsoccer.com
- Late registrations may be accepted with approval by coordinator and will be a 25\$ additional fee

Team Formation

- U-6 is a recreational co-ed division. If enough teams are available we will form boys and girls divisions.
- Teams will be formed immediately following registration closing date
- Maximum number of players per team is 6
- Registration is not a guarantee of team placement. NOKC Soccer Club is a parent driven organization and we rely completely on parent volunteers
- Once players are placed on teams, their coaches will contact the player's parents
- Game schedules and updates will be posted on web site, *check site frequently*

Team Names and Uniforms

- Team name is up to the coach or vote as a group. Have fun, be creative
- Uniform shirts are provided by our sponsor Soccer City. All U6 teams must wear sponsorship shirts.

Team Practice

- Assigned field and practice times will be determined by coordinator as per coach's request
- Teams are allowed one, one hour practice on assigned NOKC fields per week
- Goals may not be available
- In the event that fields close, practices will not be rescheduled

Sportsmanship

- ***U6 Division is about learning, friendship, fun, and developing a love for the game of soccer***
- Coaches are responsible for their sideline, players, and parents at all times
- Parents are encouraged to support players and teams in a positive environment
- No parents/spectators allowed on field or permitted to interfere with game play
- No one is allowed to stand behind goals. (unless catching balls on a windy day)
- Teams must be on separate sidelines. Home team is on West side of field
- NOKC "Parent Code of Conduct" is posted in entirety on web site under U6

Rescheduling and Rescheduled of Games

- ALL pre season schedule request are made to the club administrator at nokcfc@gmail.com. Include: age group, team and coaches name.
- 2 BLACK OUT no play days can be requested during a season. All other requests should be handled as reschedules and are the coaches responsibility.
- Do not assume any game is cancelled even in bad weather unless, 1) the coordinator contacts you 2) you call the rain out number 3) you have checked the field status reported on web site
- If games are cancelled by NOKC for any reason, NOKC will reschedule all games and post updated information on web site
- All other U6 game reschedules are handled by the teams. Not the coordinator or club
- Games may be rescheduled only by agreement of both coaches. Do not stand up another team
- If a team will not have enough players to play a scheduled game, it is the responsibility of that team to contact the opposing team to reschedule game on an agreed date.
 - ✓ Check web site for all U6 game schedules to find when fields are open during weekends

General NOCK Club Information

What to do when you are unsure if games or practices are, or will be, cancelled.

- Call Rainout Number: 751-7368 (Should be updated by 8am on game days)
- Check the web site for "FIELD STATUS" report (should be updated by 1pm on practice days)

Lightning Detector

- MUST BE OBEYED ALWAYS
- Located on top of the club house
- 1 Beep- orange light-GET OFF FIELDS, remain in cars till signal that fields are open
- 3 long Beeps-fields are open

North OKC Soccer Club field rules in entirety are posted on NOKC web site. Please read them.

"FIELD STATUS" report is located at www.nokcsoccer.com

Check "www.nokcsoccer.com" frequently for game schedules, field status, and updates

For coaching and practice tips visit, www.oksoccer.com

U6 Coordinator: Jennifer Nichols: 405-823-6554: jennifer.nichols@cox.net

NOKC Soccer U6 Rules

US Youth Soccer Official U6 Playing Recommendation

Game Play

- Size 3 ball
- 3 players verses 3 players
- **No Goalies- Defenders must stay in proximity of ball. Defenders can't take a goalie posture. Players can not hover around the goal without the ball or stand on the goal line. All of the players should be active around the ball.**
- Every player must play 50% of the game
- Shin Guards are required at all times
- One coach per team allowed on field during play
- "Do-over's" are a regular occurrence
- Games are 4, 12 minute quarters (2 minute break between quarters, 5 minute half time break)
- **The ball in bounds shall be a "Throw In"**
- **Goal kick: the position of the defending players will be at mid field line until the ball is in play so that the attacking team has a chance to advance the ball up the field.**
- No scores are kept
- No slide tackling. No sliding at all. No Tolerance
- **No penalty kicks, free kicks are given to continue play**
- No jewelry
- Casts are allowed but must be covered with soft wrap (Bubble wrap, towel, or blanket)

U6 does not have referees, we rely on coaches to handle these rules for the safety and development of the player. No penalties are given.

Coaches, if there is a problem, let the other coach know. Never address the other team's players directly. If after you have brought your concern up with the opposing coach and the action still continues please contact the U6 coordinator.

NOKC will have staff and referee's monitoring games and will address issues with coaches as needed.