

# NOKC Soccer Club

## Under 6 Guidelines and Information

### Coaches and Parents

### July 1, 2013

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#### Age Divisions and Restrictions for Fall 2013

- U5 (2009) 08/01/08 -07/31/09 (must be four before August 1, 2013)
- U6 (2008) 08/01/07 – 07/31/08 (cannot be six before August 1, 2013)

#### Registration

- 60\$ All money is due for all players at the time of registration, No Exceptions
- Individuals can register online or in person, team/coach requests can be made on application
- Dates for registration will be posted on the web site, [www.nokcsoccer.com](http://www.nokcsoccer.com)

#### Team Formation

- U-6 is a recreational co-ed division. If enough teams are available we will form boys and girls divisions.
- Teams will be formed immediately following registration closing date
- Recommended number of players per team is 6-8
- Registration is not a guarantee of team placement. NOKC Soccer Club is a parent driven organization and we rely completely on parent volunteers
- Once players are placed on teams, their coaches will contact the player's parents
- Game schedules and updates will be posted on web site, *check site frequently*

#### Team Names and Uniforms

- Team name is up to the coach or vote as a group. Have fun, be creative
- Uniforms are up to the coach or group. Show us your style! Try to be budget conscious
- You as parents and coaches are responsible for ordering informs

#### Team Practice

- Assigned field and practice times will be determined by coordinator as per coach's request
- Teams are allowed one, one hour practice on assigned NOKC fields per week
- Goals may not be available
- In the event that fields close, practices will not be rescheduled

#### Sportsmanship

- ***U6 Division is about learning, friendship, fun, and developing a love for the game of soccer***
- Coaches are responsible for their sideline, players, and parents at all times

- Parents are encouraged to support players and teams in a positive environment
- No parents/spectators allowed on field or permitted to interfere with game play
- No one is allowed to stand behind goals. (unless catching balls on a windy day)
- Teams must be on separate sidelines. Home team is on West side of field
- NOKC "Parent Code of Conduct" is posted in entirety on web site under U6

## **Game Play**

- Size 3 ball
- Shin Guards are required at all times
- Games are 4, 12 minute quarters (2 minute break between quarters, 5 minute half time break)
- 3 players verses 3 players
- Every player must play 50% of the game
- No Goalies-Defenders must stay in proximity of ball. If the ball is in the attacking 1/3 of the field, the defense must move to at least the middle 1/3 of the field. Defenders can't take a goalie posture, ie. Cannot hover around the goal or goal box without the ball or an opponent or stand on goal line.
- One coach per team allowed on field during play
- No slide tackling. No sliding at all. No Tolerance
- No penalty kicks
- No jewelry allowed
- Casts are allowed but must be covered with a soft wrap (bubble wrap, towel, or blanket)

**U6 does NOT have referees, we rely on coaches to handle these guidelines for the safety of every child**

## **Reschedule of Games**

- Do not assume any game is cancelled even in bad weather unless, 1) the coordinator contacts you 2) you call the rain out number 3) you have checked the field status reported on web site
- If games are cancelled by NOKC for any reason, NOKC will reschedule all games and post updated information on web site
- All other U6 game reschedules are handled by the teams. Not the coordinator or club
- Games may be rescheduled only by agreement of both coaches. Do not stand up another team
- If a team will not have enough players to play a scheduled game, it is the responsibility of that team to contact the opposing team to reschedule game on an agreed date.
  - ✓ Check web site for all U6 game schedules to find when fields are open during weekends

## **General NOCK Club Information**

**What to do when you are unsure if games or practices are, or will be, cancelled.**

- Call Rainout Number: 751-7368 (Should be updated by 8am on game days)
- Check the web site for "FIELD STATUS" report (should be updated by 1pm on practice days)

## **Lightning Detector**

- MUST BE OBEYED ALWAYS

- Located on top of the club house
- 1 Beep- orange light-GET OFF FIELDS, remain in cars till signal that fields are open
- 3 long Beeps-fields are open

### **Team Concession Duty**

- Each team will be scheduled for one, 1 ½ hour session during the season

North OKC Soccer Club field rules in entirety are posted on NOKC web site. Please read them.

“FIELD STATUS” report is located at *www.nokcsoccer.com*

Check “*www.nokcsoccer.com*” frequently for game schedules, field status, and updates

For coaching and practice tips visit, [www.oksoccer.com](http://www.oksoccer.com)

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**U6 Coordinator:** Jennifer Nichols: 405-823-6554: [jennifer.nichols@cox.net](mailto:jennifer.nichols@cox.net)